Keshwa Human Welfare



"GIVE CHILDREN A FUTURE"



In 2015, the founders of the German ,HUMAN Foundation' and the Indian organization ,Creation India Society' (CIS) signed a cooperation agreement. This was the start of childcare in Robertsganj, Sonbhadra in Uttar Pradesh (UP), the second poorest state in India with a population of 200 million alone. Uttar Pradesh seen as a separate country would be one of the most populous countries in the world, but also one of the poorest.

The cooperation has intensified over the years, further projects have been started in **Varanasi** (Uttar Pradesh) and **Samastipur** in Bihar. That is why we established the program name "**Keshwa Human Welfare**" in 2022. With well over 100 million inhabitants, **Bihar** is the state with the highest population density in India and is even poorer than Uttar Pradesh

About a third of residents in Uttar Pradesh and Bihar are still illiterate.

All of the people in our target groups suffer from insufficient basic infrastructure such as water, electricity and medical care, and from income opportunities. If industrial work is available, it is very unhealthy: mining of bauxite, coal, lime. Child labor and sexual child labor are unfortunately more common.

In addition to poverty, India faces many challenges: widespread corruption, overpopulation and environmental problems. Access to decent health care is also a problem. Life expectancy is relatively low (67 years on average).

Children are at the center of our work. In addition, we also offer projects, especially for women, to strengthen women and, in turn, the children in the family.

The figure below shows all the critical risks for children that we need to address. The problem areas have different levels of urgency and are shown in different colors.

However, all the topics listed are related to our work in the "Keshwa Human Welfare Program".

Child Labor	Children in Poverty	Child Health and Nutrition
Child Mental Retardation	Child Abuse and Violence	Missing Children
Child Sexual Abuse	Girl Child	Children as victims of substance abuse
Child Marriage	Street Children	Early childhood (children below the age of 6)
Child trafficking	Children without parental	Children of scheduled Castes and Tribes

Source: Experiences from Child Emergency Programs in India

Today, many children have very few rights, lack of access to healthy food, proper clothing, proper education and personal development. Cut off from society, they have to beg, work, sell drugs and end up in the wrong hands. Children live in need and often have to cope with very difficult situations on their own.

The fathers are mostly casual workers, the children have to earn money at an early age, the mothers mostly work unpaid in the household. The challenges are enormous in all project locations.

Do we have the right answers?



"KESHWA HUMAN WELFARE"

3 Locations - 12 Programms



Varanasi (Uttar Pradesh)

Robertsganj/Sonbhadra (Uttar Pradesh)

Samastipur (Bihar)







- Open Center Railway
- Skill Development City
- Skill Development Village
- Open Center Home
- Keshwa Gurukul School
- Skill Development
- Keshwa ChildLine Services
- Disability Welfare
- Outreach Services
- CIS Railway ChildLine
- Child-Care Home & Adoption
 Services (Mamta Shishu Grih)
- Keshwa Girls Welfare Center (planned)

Child Development & Women Empowerment

We are highly motivated and have developed a multi-pillar strategy over the years to master the challenges.

The ,root' of the strategy is targeted education at schools and personal development for children from poor families in all areas of life that they can never get in their current living environment. We combine the school program with a (skill) vocational training approach that gives young women and young people access to training that would otherwise be unattainable for them. Examples of training are tailoring, cosmetics and massages as well as computer training.

Child Emergency Services cover a broad spectrum and a wide range. In addition to an emergency aid service, we work in the vicinity of train stations, as children who have run away, missing children and children who are begging and working are often found there. This work is very challenging but very effective.

People with disabilities (e.g. mentally retarded children) can be found everywhere. In cooperation with the government authorities, we try to alleviate the suffering and develop solutions. The outreach social program focuses on advising poor families in the villages. There are thousands of families in hundreds of villages in need of care.

Another pillar focuses on women's rights and women's counseling with the aim of strengthening their self-esteem and getting them into work. This reduces the pressure on their children to earn money. **Women empowerment** is part of the skill development and outreach program.

The spectrum is rounded off with a program for some orphans in our **Orphan's Home project**. Also in cooperation with the government authorities, children who are without parents or who have been abandoned are brought to family members or adoptive parents are sought. So we cover a wide variety of very different topics.

We firmly believe in our long-term ability to implement at all locations, although there will always be setbacks on this long journey. We were particularly affected by the pandemic in the years 2020 - 2022, as there were also long lockdowns in India. We need patience and perseverance in order to change the current situation in the long term and sustainably.

The following summary gives you an insight into our approach, the details and the interactions between the programs and our target groups. Since the strategy is very complex, we will have to make adjustments again and again depending on the new circumstances. We are very optimistic that the strategy is sustainable based on our experience and proven concepts.

Pro	Program	Target Group (BPL=Below Poverty Line)
	Child Line Services	Any endangered child aged from 0 to 18 years.
Groups per Disability Welfa Program Skill Developm	Education Program (with English)	Children from BPL families between 4 and 16 years.
	Disability Welfare Program	Any disabled person from poor families (0 – 80 years).
	Skill Development	Juveniles and women aged 14 to 40 years.
	Outreach Project	People from BPL families in villages (any age).
	Women Empowerment	All women with significant need of support.
	Orphans	Children aged up to 10 years.

We would now like to go into detail about the three locations Varanasi and Robertsganj in Uttar Pradesh and Samastipur in Bihar and describe which specific projects are being implemented there and what challenges we are encountering there.

Varanasi, Uttar Pradesh

Varanasi is considered the city of the god Shiva Vishwanath ("Lord of the Universe") and one of the holiest sites in Hinduism. For more than 2,500 years, believers have made pilgrimages to the city, which is also a center of traditional Hindu culture and science. It is particularly desirable for devout Hindus to wash in Varanasi in the Ganges, die there and be cremated. More than 1.3 million inhabitants live in Varanasi and the city is populated by tourists. However, many people live on the streets and in very poor conditions.

Open Shelter Railway

This is the name of the children's emergency aid program, a program sponsored by ChildLine India. It is about addressing children and young people at the train station who are either begging or have run away from home.



We look for solutions together with the local authorities and either bring them back to their families or to social institutions. 20-30 children can be saved monthly. All cases are monitored for up to six months. A very challenging job. We work in two shifts from 6 a.m. to 10 p.m. with 10-12 social workers and a special booth on the station platform.

Skill Development "City und Village"

are the other two programs that are being carried out in Varanasi. The training courses are held at two locations in the city in the districts of Sigra and Lohatar and in the village of Bhohar outside of Varanasi.

According to our licenses, we can offer courses in tailoring as well as in the field of cosmetics and beauty for women. There is a course instructor for each location. After successfully completing the course, each participant takes an exam and receives a certificate from the NSIC (National Small Industry Corporation). With this certificate, it is much easier to find a job or become self-employed.

So far, 7,000 women have already received a certificate, of which 6,000 women are now working self-employed.

Due to the long-during pandemic, we had to discontinue several courses for a longer period of time, but we are very confident that we will continue to offer many women attractive vocational trainings in the future.



Robertsganj/Sonbhadra, Uttar Pradesh

Robertsganj, located 80 kilometers south of Varanasi, is the capital of the district of Sonbhadra with 2.6 million inhabitants: **35% of them live below the poverty line**, i.e. with about 35€ per capita and month. As in all other rural areas in Uttar Pradesh and Bihar, the most important infrastructure components such as electricity, water and medical care are poor in Robertsganj.

Our childcare project started in 2015 with a few children in rented rooms, in 2018 about 50 children were looked after. At the end of 2017 we decided to build our own Keshwa Child Welfare Center. After completion and after the end of the pandemic, we will offer our programs on approx. 1,000m² in 21 rooms. We have built according to international quality standards in order to be able to offer the programs to needy children and women for generations.

KCWC Open Shelter Home

in Robertsganj includes the daily care of 25 boys (government requirement) aged 6-12 years from 9 a.m. to 5 p.m. from Monday to Saturday, excluding public holidays. We bring the children to the center in the morning and start the day with a morning prayer.

Then there are the three-hour lessons with Hindi, English, mathematics and general knowledge. The children receive daily instruction in these subjects. At 1 p.m. there will be lunch together. After the meal, the children have time until 4 p.m. for games, singing, dancing and other leisure activities.

This promotes social interaction, as some children are shy and reserved.

After the play phase, the children are brought back home by around 5 p.m.

Over time, the children from this program were brought together with the school children from the Keshwa Gurukul School, so that individual classes were created. The children can also use our newly purchased playground opposite the Keshwa Child Welfare Center from 2024.



Keshwa-Gurukul-School

is our big school project which opened in December 2021.

The education officer of the Sonbhadra government has asked if we can offer a school program for



children from poor areas.

What are the concrete advantages of running a school in our center compared to a public elementary school?

The level of public schools in Uttar Pradesh is not considered very high. The school buildings are very basic with poor sanitary facilities.

There are no opportunities to work with computers, no musical instruments, hardly any school desks or chairs. The teachers in these schools are not always highly motivated. Our approach is to develop the personality of the children in addition to the subjects taught, and we teach in both Hindi and English.



We offer a pre-school class and school classes 1 to 8. In September 2020 we received the license to operate an inclusion school, i.e. a special needs school where children from poor families are taught, including some children with mental disabilities.

This is the first license granted to an organization in Sonbhadra district. We are very proud of this. The school is free for children from poor families and has the quality of a private school, but it is very expensive. Due to the increasing number of students, we bought a school bus.



With the school education for up to 150 school children, the level of our work increases significantly. At the same time, this program completes our strategy and offers all educational measures "under one roof". This means that children can do an apprentice-ship directly after school or they are well prepared for secondary schools.

Mahatma Gandhi said: "Live as if you will die tomorrow and learn as if you will live forever".

Vocational Trainings ("Skill")

is another program sponsored by the Indian government.

We offer the following training modules and have a "lab" for practical work and a classroom for each course:

- Beauty
- Tailoring (including fashion)
- Computer: several training modules.

The skills program is mainly used by school graduates and young people.

After the training, the participants have to take an exam. If successfully passed, they receive an official certificate from the government to help them find a job.

We have modern classrooms and laboratories for more than 100 trainees.

In addition to the training in our center, we offer



training in the villages with independent cooperation partners.

After certification, the trainees are listed on a government portal and can receive a microcredit. We also employ placement officer in our center to support the graduates.

After the Indian government had still not set up the skill programs again by February 2023 after the pandemic, we decided to start our own small program.

We employ two trainers and teach up to 150 young women and girls every year. As soon as the government programs are approved, we will use these funds for further expansion.

Keshwa Child Emergency

The "Ministry for Children and Women's Development" supports the "Child Line Project" throughout India with the uniform number 1098. Kindernothilfe offers a **24-hour/7-day hotline** with rehabilitation activities and advice for the following emergency situations:

- · Missed and runaway children.
- · Found infants.
- Neglected Children.

Qualified employees will work for this program. Children only stay in our center for a few days. We



help to find their families, arrange adoptions or organize a hospital stay.

We are the first point of contact for these children in need. We are proud that the Indian government has granted our organization the license for children's relief in Sonbhadra. We take responsibility for solving many children's life threatening problems.



Disability Welfare

ist another very extensive program.

People with disabilities are marginalized in almost all areas of life in rural India. The causes of disabilities are mostly poverty and poor health care.

Those affected are often dependent on themselves and not well integrated in their society.



In India, many disabilities would be preventable if mothers received better antenatal and postnatal care and proper nutrition for infants and themselves.

We carry out analyzes in the villages and organize camps and workshops. The first camp was held in our center. 200 people came from three villages.

Of these, 80 people with their disabilities have been registered. Government officials and a doctor determine what help can be provided. From operations to the provision of aids or therapies to small pension entitlements for people over 45 years of

age are possible.

The pension entitlement amounts to approx. 5 euros per month only.

Sometimes only small advances can be made possible for disabled people, but sometimes a significant improvement in the living situation can be achieved.

One of the most important tasks is to give people their dignity, to understand them as an integral part of their society and also to show others how important it is not to isolate disabled people.



Outreach-Program

This is a special program for the rural population. In Sonbhadra, many people live in poverty in more than 1,400 villages. These people have limited or no education and are not raised to ask for support.

Over the years we have carried out investigations into the situation in the families in several villages in close cooperation with the village mayor (Gram Panchayat).



We support with **social, legal and medical problems.** We advise drug-addicted children and young people, want to persuade parents to send their children to school.

We enable them to get an education and advise on family planning.

In a nutshell: We want to help people to cope better with their everyday big and burdensome issues.

Samastipur, Bihar

Bihar is considered the poorest and socio-economically underdeveloped state in India and is the third largest state in terms of population. The state experiences monsoon rains every year, often affecting millions of people from flooding.

The challenges in the Samastipur district are huge and we can only cover a fraction of all problem cases.

CIS Railway ChildLine-Program

Similar to the program in Varanasi, we take care of children at Samastipur railway station.

The railway company provides us with a small stand on a platform, which is run by our organisation, the Creation India Society.

Within a radius of 2.5 kilometers from the train station, the goal is to "pick up" children who have run away from home or who have been reported missing, who are engaged in child labor and who are begging.

Child trafficking is also an issue in Bihar.

The children are cared for at the stand and handed over to the "Child Welfare Committee". This is a very difficult task.

Nine social workers will work around the clock in this program.



Orphan's Home

The "Orphan's Home & Adoption" program has been running in Samastipur since 2016. This project was previously carried out in Varanasi.

Up to ten children live in rented rooms and are handed over to our organization by the "Child Welfare Committee".

There is a kitchen, a bathroom, a playroom and dormitoriy rooms for children and caretakers.



The children are looked after by the following staff: a coordinator, six carers, a nurse, a doctor (parttime).

The government also provides a security officer. If children can be returned to a family member, an adoption process will be initiated. In 2022 we managed to hand over two girls to new families in the USA and India.



Girl Development Program

This program is still in the development and application phase.

If approval is granted, 25 girls and young women aged 12-18 will be supported in a special care program.

This project would round off the already extensive program in Bihar.

Each pillar of our strategy can solve a specific problem. The unique combination of all programs enables a lasting and sustainable transformation of society in these poor areas and will make a big difference compared to today.

The work is a great challenge, every day anew. But the amazing staff at Creation India Society do their job with great dedication.





The success of our work **depends very much on the motivation of our staff.** The performance is enormous, the work sometimes emotionally stressful. When fully operational, 60 people are employed at the Varanasi, Samastipur and Robertsganj sites. Due to the complex programs, the annual operating costs are up to €100,000. Most of these projects are funded by the Indian government.

We are proud of the great development of our KESHWA HUMAN WELFARE program.





Many thanks to all donors. Our success is your success!

Zwei Organisationen - eine Vision

Edith und Karlheinz Neumann initiated HUMAN Foundation to support poor and needy people, in particular children.

GIVE CHILDREN A FUTURE is our vision.

We allocate 100% of all donations to our projects. We finance our projects through numerous private donators and charity events. HUMAN Foundation is a trust foundation, administered by "DS Deutsche Stiftungsagentur in Neuss". The Tax Department in Neuss approved and registered HUMAN Foundation as a charitable organization on December 14, 2014 under the registration number 23531/350.

www.human-stiftung.org







Dr Satya Prakash Tiwari and his wife **Mala Tiwari** founded the Creation India Society (CIS) on 31.12.2004, and are registered at SA-15/138-B-1, Mawaya, Sarnath, Varanasi under the Societies Registration Act 1860, No. 1187 registered. The CIS has licenses for all programs. Social work is not possible without a license.

Hariom Tiwari has been Center Manager in Robertsganj since 2019 and was appointed as operational program director for all locations in 2022.

The CIS is the partner and operational arm of the HUMAN Foundation in India.

Karlheinz Neumann is a CIS board member. www.creationindiasociety.org



